



# **SRI SIDDHARTHA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE**

**T. Begur, Nelamangala Taluk, Bangalore Rural – 562123 E-mail: [ssimstbegur@gmail.com](mailto:ssimstbegur@gmail.com)**

## **Preamble**

Amidst the COVID -19 pandemic & under the uncertainties & the debates prevailing, the authorities decide to open Sri Siddhartha Institute of Medical Sciences & Research Centre, at T. Begur, Nelamangala Taluk, Bangalore Rural from 9<sup>th</sup> Jan 2021 with the Fresher's Program followed by starting of classes from 11<sup>th</sup> Jan 2021 under the standard guidelines of the apex body & the Central / State Government.

The proposed guidelines can be modifiable depending on the need & demand of the situation & also can be updated in accordance with the periodically released advisories / guidelines from WHO & other concerned authorities.

Students & the parents are hereby informed to completely understand the existing situation of COVID - 19 pandemic & its sequelae & cooperate with the institution for better outcome of their wards academic growth.

## **Instructions to Students**

**(Applicable for both Hostel inmates & Day scholars)**

### **General Preventive Measures**

- 1. Physical distancing of at least 6 feet as far as feasible.**
- 2. Mandatory use of face cover / Masks.**
- 3. Frequent hand washing with soap for 40 - 60 Secs (Once in 2 hours) or Use alcohol-based hand sanitizers for 20 Secs, once an hour while in the classes.**
- 4. Respiratory etiquettes are to be strictly followed with proper disposal of used tissues. This involves strict practice of covering one's mouth and nose with a tissue paper while coughing / sneezing over flexed elbow / shoulder and disposing the used tissues properly in the designated places.**
- 5. Self-Monitoring of health & reporting of any illness at the earliest to the concerned authorities.**
- 6. Spitting to be strictly prohibited.**
- 7. Installation & use of Arogya Setu App is compulsory.**

## **Before Entering the Campus:**

- a. Students & staff are strictly instructed not to visit areas falling within containment zones.**
- b. Prior information regarding joining to the institution is mandatory.**
- c. Students must compulsorily produce RT-PCR, COVID-19 Negative test report done in authorized ICMR approved laboratories at least three days prior to joining. (i.e, the test should be conducted between 5<sup>th</sup> to 7<sup>th</sup> of Jan 2021 if the joining is on 8<sup>th</sup> Jan 2021. Other forms of testing for COVID – 19 are not acceptable.**
- d. Both Student & the parent shall give the declaration / undertaking in the specified format annexed.**
- e. Students are hereby requested to get their own dinning plate, spoon, bowl, tea cup, water drinking glasses etc. for their use in the prevailing corona pandemic.**
- f. Central library & canteen are closed for students.**
- g. Students can visit the hospital when they are ill.**

## **During Stay in Campus**

- a) Hostel inmates are expected to stay in the hostel for 2 days following joining & ensure that the necessary arrangements including cleanliness of room & toilets are personally attended to & become physically / mentally fit to attend the teaching sessions from the 3<sup>rd</sup> day.**
- b) All general preventive measures listed are to be followed strictly.**
- c) Outside eateries / soft drinks are strictly prohibited.**
- d) Zero tolerance for smoking, alcoholism, narcotic drug / substance abuse.**
- e) Student movements are strictly restricted only to the campus in the current scenario.**
- f) Parents / Guardians / Friends are strictly prohibited from meeting the students in the prevailing situations.**
- g) Crowding, walking in groups, celebrations of any kind either within or outside the hostel / campus is not permitted.**
- h) Student can attend to emergencies under permission by the warden / Assistant warden.**
- i) Entry to other rooms of the hostel is prohibited.**
- j) Student suffering from any illness requiring hospitalization will be admitted to the affiliating teaching hospital & information will be sent to their parents for necessary action.**



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## Declaration / Undertaking Form

The following declaration is given by me endorsed by my parent after the admission to SSIMS&RC for MBBS Course, 1<sup>st</sup> Phase of Study as 2020 -2021 batch of student starting from 11<sup>th</sup> Jan 2021.

Name of the Student:

Phone No. / Email Id:

Name of the Parent:

Phone No. / Email Id:

I acknowledge I have a personal responsibility to protect myself, patients and the general public from the potential of COVID-19 virus transmission, and to comply with all stipulated COVID - 19 protocols by Government of India, Gov. of Karnataka, NMC/MCI and Sri Siddhartha Institute of Medical Sciences and Research Centre, T Begur. Accordingly.

1. I ensure that I will come with a COVID-19 Negative report which is taken not later than 72 hrs (3 Days) of joining the college.
2. I am aware of and have familiarised myself with, COVID-19 symptoms
3. I will not present myself to classes if I have symptoms of COVID-19 or acute infections such as symptoms of viral respiratory tract infection or gastroenteritis.
4. In the event that I develop COVID-19 or other communicable infectious disease, I will immediately notify to my Mentor and my teachers, so that they can communicate the same to the concerned authorities & parents.
5. I commit to providing a record of daily declarations that I am free of symptoms of COVID-19 to the concerned authorities before entering the classes each day.
6. I will keep myself up-to-date, and comply with the current Public Health Advice regarding COVID-19.
7. I am aware that if I am declared a close contact of someone with COVID-19, I am not to present to my classes and should avoid public places for 14 days after the last day of close contact with the COVID-19 case.
8. I will cooperate with the requirements for management of outbreaks or other incidents of infection, including providing samples for testing where ever required.

I acknowledge that my placement in the Hostel is subject to Public Health Advice and COVID-19 Protocols of the Institute which may be in place from time to time and that the public health advice may result in changes to arrangements during the course of my stay in the hostel.

Any information disclosed to the SSIMS & RC pursuant to this declaration will be treated with the highest standards of security and confidentiality and processed in accordance with the Institution's Data Protection Policy. The Institution is collecting this personal data in light of the COVID-19 pandemic.

Signature of the Student:

Date of joining:

### Consent by parent / Guardian

I, Mr/Mrs ..... F/o: M/o ..... agree for the declarations given by my ward in respect of ongoing COVID-19 pandemic & do hereby give consent for my Son/ daughter to join SSIMS&RC on date: ..... following admission & stay in the Campus Hostel. I, agree to pay all types of fee notified by SSIMS&RC within due date. We are here by giving this consent understanding all the risks of COVID-19.

Signature of the Parent / Guardian:

Date:

Name:

Phone & E-mail id: