

SRI SIDDHARTHA INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTRE

T, BEGUR, NELAMANGALA

FOUNDATION COURSE FOR 1st MBBS 2019-2020

1st WEEK

Day	9-10AM	10-11AM	11-12PM	12-01PM	1-2PM	2-3PM	3-4PM	4-5 PM
Monday	Welcoming the students		Reporting & completion of admission formalities		L U N C H B R E A K	Interaction of parents & students with Hostel wardens & Staff		Sports
Tuesday	Ice Breaking Session Student Introduction		Orientation to campus			Visit to Hostel	Hostel Etiquettes	English
Wednesday	Mentorship programme.		Orientation to MBBS curriculum			Visit to departments in college		Sports
Thursday	Introduction to Anti-ragging committee & Anti-ragging guidelines		Grievance Redressal (institutional rules & regulations)	Student welfare programme.		Visit to central Library		Sports
Friday	Medical ethics & Hippocratic oath.	Time management	Stress management	Gender sensitivity in Medical Profession		Visit to Hospital (Medicine & allied Departments)		Yoga
Saturday	Student Council	Student Research Programme	Visit to Hospital (Surgery & Allied Departments)			Kannada	Computer Skills	Sports

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FOUNDATION COURSE FOR Ist MBBS 2019-2020

2nd WEEK

Day	9-10 AM	10-11 AM	11-12 PM	12-1 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM
Monday	History of Medicine & Alternate Health care system in India		Primary Health care system in India		L U N C H B R E A K	Computer skills		Sports
Tuesday	National Health policies in India & priorities		Doctor’s Role in society			Group Dynamics		English
Wednesday	What can the student expect?		Communication skills			Basic life support		Sports
Thursday	Doctor- Patient Relationship		Introduction to & Interaction with patients.			Basic life support		Sports
Friday	Concept of Professionalism		Consequences of unethical & Unprofessional Behaviour.			Basic life support		Meditation
Saturday	Introduction to health care workers & their Role		Functioning as a part of Health care Team.			Kannada		Sports

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3rd WEEK

Day	9-10 AM	10-11 AM	11-12 PM	12-1 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM
Monday	Learning strategies	Introduction to SDL	Value of Integrity, honesty & respect during Interaction with peers, seniors, faculty & others		L U N C H	Kannada		Sports
Tuesday	UP- hand wash		Computer skills			English	Computer skills	
Wednesday	UP- Needle /Scalpel stick injuries.		Group Dynamics			Computer skills	Sports	
Thursday	Visit to Community Health centre				B R E A K	Handling Bio Material / Bio-waste Management		Sports
Friday	Immunization Requirements of Health care Professionals.		Students Immunization programme.			Visit to Central Laboratory	Visit to Blood Bank	Yoga
Saturday	Career Pathway & personal growth.		English			Computer skills		Sports

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4th WEEK

Day	9-10 AM	10-11 AM	11-12 PM	12-1 PM	1-2 PM	2-4 PM	4-5 PM	
Monday	Continuing Professional Development		First Aid in Medicine & Allied		L U N C H B R E A K	Computer skills	Sports	
Tuesday	Self Defence	Verbal defence	First Aid in Surgery & allied			Kannada	English	
Wednesday	Medical Records & Documentation		First Aid in Emergencies			Computer skills	Sports	
Thursday	Visit to community Health centre					Computer skills	Kannada	
Friday	Nutrition & Hygiene	Kannada	Simulation Based Learning.			English	Computer skills	
Saturday	Fire safety	Kannada	The Cadaver as our first teacher	Cadaveric oath		Computer skills	English	

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5th WEEK

Day	9-12AM	12-1 PM	1-2 PM	2-4 PM	4-5 PM
Monday	Fresher's Day	White coat ceremony	LUNCH BREAK	Cultural Programme.	